

Mental safety for leaders

4 HOUR SESSION

run by a Clinical Psychologist with many years professional experience working with employees and leaders in mining.



Better understanding of the different symptoms and behaviours of mental health problems.



Know your responsibilities as a manager regarding mental health.



Have a clear plan about bringing up mental health with a worker and when that's ok.



Know what to do when someone is facing suicide.



Know how to bring up and promote the EAP.

“I learnt so much in this session from other leaders and from the presenter, who has extensive knowledge about mental health and mining. Highly recommended and most importantly, could save a life”

To book the next session contact Newpsych

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